

# Viking Programme for Post Primary Schools

## Teachers' Guide

### **Audience:**

Post Primary teachers

Junior Cycle students

### **Programme Summary**

This digital programme will teach Junior Cycle students all about the Vikings. Through short animations, a virtual handling session, and the printable activity book featuring art activities and research topics, students will gain a greater understanding of Viking culture and their impact on Ireland. Students will use replica objects and real Viking objects from the Hunt Museum Permanent Collection as evidence to learn about what their lives were like.

### **Programme Content**

#### **Video**

- Who were the Vikings and where did they come from?
- Viking travel
- Viking raids and battles
- Viking housing
- Viking crafts
- Viking Ireland

#### **Activity book**

- Mapping the paths of the Vikings
- Label the Viking Draakar
- Design your own shield
- Write your name in Viking ruins
- Make your own lucet cord
- Locate the monasteries raided by the Vikings
- Finish the Ringerike style drawing

## **Key Messages - Learning Objectives**

- Increased understanding of the Geography of the Vikings including where they came from and where they went
- Increased understanding of Viking culture including daily activities, battles, clothing, and crafts
- Increased understanding of Viking navigation technology
- Increased understanding of the Vikings impact on Ireland

## **Curricular Links**

### **Visual Art:**

Strand:

- Art (Element: Critical and visual language, 1.1, 1.2 ; Element: Visual Culture and Appreciation, 1.8)

### **History:**

Strands:

- Developing Historical Consciousness
- History of Ireland

### **Geography:**

Strand:

- Exploring People, Places, and Change

## **Viking Art**

This section will provide an overview of the key characteristics of Ringerike and Urnes style art.

### **Ringerike Style:**

- The image provided is a 7ft 1in high carved stone from Vang in Oppland. Featured in this image are ornate vines, pear-shaped motifs, and a large striding animal.
- The Ringerike style is characterised by depictions of animals including lions, birds, band-shaped animals and spirals. Plants, vines, and foliage are also popular subjects.

### **Urnes Style:**

- The image provided is a 12th century unscripted stone, discovered in Stockholm. It features inscribed runes, serpent-like animals, and a cross.
- The Urnes Style frequently depicts runic inscriptions and slim, stylised animals inter-woven into tight patterns. The animals heads are seen in profile and have slender almond-shaped eyes. Their noses and necks often curl upwards.

For more information on Viking Art, visit:

- [https://en.wikipedia.org/wiki/Viking\\_art](https://en.wikipedia.org/wiki/Viking_art)
- <https://www.museum.ie/en-IE/Museums/Archaeology/Engage-And-Learn/Schools-Educational-Visits/Viking-Videos>